## Full Report (All Nutrients) 45107823, MCCORMICK, CREAMY GARLIC ALFREDO SAUCE MIX, UPC: 052100040813

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Report Date: June 07, 2017 17:47 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group: Branded Food Products Database

Manufacturer MCCORMICK & COMPANY, INC.

Nutrient	Unit	Data points	Std. Error	2.0 Tbsp 18g	1 Value Per100 g
Proximates					
Energy	kcal			80	444
Protein	g			3.00	16.67
Total lipid (fat)	g			3.50	19.44
Carbohydrate, by difference	g			9.00	50.00
Sugars, total	g			3.00	16.67
Minerals					
Calcium, Ca	mg			40	222
Sodium, Na	mg			610	3389
Vitamins					
Lipids					
Fatty acids, total saturated	g			2.500	13.890
Fatty acids, total monounsaturated	g			1.001	5.560
Cholesterol	mg			10	56

## Amino Acids

Other

Ingredients

MODIFIED CORN STARCH, BUTTER (CREAM [MILK], SALT), NONFAT DRY MILK, WHEY, CORN MALTODEXTRIN, PARMESAN AND ROMANO CHEESES (CULTURED PART-SKIM COW'S MILK, CHEESE CULTURES, SALT, ENZYMES), SALT, WHEY PROTEIN CONCENTRATE, BUTTERMILK SOLIDS, GARLIC, SPICES (INCLUDING PARSLEY), ONION, AND CITRIC ACID. Date Last Updated by Company: 05/17/2016